



The American Manual Medicine Association Medical Acupuncture Training and Certification Program

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Fact Sheet

Introduction:

The American Manual Medicine Association (AMMA) subscribes to western evidence based standards and criteria in education and health care. The AMMA has adopted evidence based curriculum and training standards as a professional ethic.

Background:

Qualified professionals, upon successful completion of the AMMA evidence based medical acupuncture program may apply to take the Acupuncture National Board Certification Examination (NBCE) offered by the American Manual Medicine Association (AMMA). The NBCE is the only examination process for health care professionals specifically trained in the principals and practice of evidence based medical acupuncture.

The AMMA provides two levels of certification, the National Board Certified Practical Acupuncturist (P.Ac.) and the National Board Diplomate Acupuncturist (D.Ac.).

Certification:

Level One Practical Acupuncturist (P.Ac.)

The practical acupuncturist has completed an accredited or certified program in allied health care and is a licensed or certified health care or allied medical provider, has completed the AMMA program in practical acupuncture (both the written and the hands on portions), and has passed the NBCA/AMMA national acupuncture certification exam.

Level Two Diplomate Acupuncturist (D.Ac.)

Has completed an accredited doctoral or allied medical program in medicine and is a licensed physician, health care or allied medical provider such as a physical therapist, nurse, or physician's assistant, has completed the AMMA medical acupuncture program, and has passed the NBCA/AMMA national certification exam.

Getting Started:

- 1. To acquire your P.Ac. or D.Ac. training and certification you first need to join the American Manual Medicine Association and your applicable AMMA state chapter, if appropriate. (Not all states have AMMA state chapters)**

2. Once you have become a member of the AMMA (and state chapter) you need to register for, and purchase, the distance education training program and begin to complete the eLearning study materials. Jaime Manfra will be your eLearning program advisor.

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Here is a description of the eLearning program –

“This course provides specialized information in the latest scientific and medical advancements in acupuncture. The course material in this program reviews the latest research from the fields of bio-medicine, bio-mechanics, neurology, immunology and endocrinology that demonstrates in western medical terms, how acupuncture affects the human organism. This eLearning course presents acupuncture as a neurophysiological science and as a sub-discipline of manual medicine. The Practical Acupuncture course is ideal for physicians and allied medical personnel including physical and occupational therapists, as well as, nurses who desire to add acupuncture to their therapeutic regime as a treatment modality. This program is recommended for allied medical personnel who will be working under direct physician supervision. All Blue Heron eLearning programs are state licensed. This eLearning program has been state licensed at 225 clock hours.”

3. At any time while you are completing the distance education program you may attend the residential hands on training programs provided by Arthur Kaminsky, D.C., M.D. In order to obtain AMMA certification and to be eligible to take the AMMA NBCA NCE acupuncture exam you must complete a face to face program in hands on practice and clean needle training.

Here is information on Dr. Arthur Kaminsky’s background and training –

Arthur Kaminsky, M.D., D.Ac. (Art). Art is a Board Certified Diplomate in Acupuncture (AMMA) and the Chairperson and a member of the Michigan Medical Acupuncture Association (MMAA). Art also completed training and certification in acupuncture and meridian therapy through the National University of Health Sciences, and received training and certification as an Acupuncture Detoxification Specialist by the National Acupuncture Detoxification Association (NADA). Art has over 20 years of acupuncture practice experience and as a medical instructor. Dr. Kaminsky held academic appointments as an Assistant Professor in the Department of Diagnosis at the National University of Health Sciences; and most recently, as Instructor of Pathology at Rosalind Franklin University (Chicago, Illinois). Art currently practices acupuncture in Marquette, Michigan.

The residential hands on portion of the acupuncture training program is coordinated and provided by Dr. Kaminsky, you may contact Dr. Kaminsky at: drkaminsky@yahoo.com.

4. Once you have completed both the eLearning and the residential hands on training seminar(s) you may apply to take the AMMA NBCA NCE acupuncture exam. The exam may be taken on regularly scheduled exam dates, or by special arrangement through the



AMMA administrative office. This exam is provided in four parts which includes sections pertaining to medical acupuncture, hygiene and cross infection control, ethics and jurisprudence, and clinical case interpretation. The eLearning program content will help to prepare you for the AMMA NBCA NCE acupuncture exam.

Program Completion:

Once you have completed all of the steps outlined above you will receive two certifications, one from the Blue Heron Academy in Practical Acupuncture (for completing the eLearning program) and the second for successfully completing the AMMA NBCA NCE acupuncture exam. Your second certification will be either the P.Ac. or the D.Ac. professional designation, depending upon your professional degree and licensure.

Program Costs:

AMMA Annual Membership Fee - \$135 (includes state chapter membership if applicable)

Distance Education (eLearning) Program - \$540 (Discounts may apply)

AMMA NBCA NCE (Acupuncture) - \$175

Acupuncture Professional Liability/Malpractice Insurance:

As a member of the AMMA you will be eligible to apply for acupuncture malpractice insurance. The costs of this insurance are based upon your training, professional licensure and scope of practice. Once you apply you will be provided with a price for the insurance by the insurance underwriter.

Please contact us if you have any other questions regarding your national board certification as a certified P.Ac. or D.Ac.